Popular Thai Idioms & Proverbs -Wisdom with a Thai Twist!

Opportunities & Success

Thai	Transliteration	Literal Meaning	Interpretation
น้ำขึ้นให้รีบตัก	Nám khûn hâi rîip tàk	"When the water rises, hurry to scoop it up."	Seize opportunities when they arise.
ได้หน้า ลืมหลัง	Dâai nâa luem lâng	<i>"Gain the front, forget the back."</i>	Someone who achieves success but forgets those who helped them.
ช้า ๆ ได้พร้าเล่มงาม	Cháa cháa dâai práa lêm ngaam	"Slowly, you'll get a beautiful knife."	Patience leads to good results.
กันไว้ดึกว่าแก้	Gan wái dee gwàa gâe	"Preventing is better than fixing."	Prevention is better than cure.

Love & Relationships

Thai	Transliteration	Literal Meaning	Interpretation
วัวแก่กินหญ้าอ่อน	Wua gàe gin yâa òn	"An old cow eating young grass."	An older person dating someone much younger.
รักวัวให้ผูก รักลูกให้ดี	Rák wua hâi pùuk, rák lûuk hâi dtii	"If you love your cow, tie it; if you love your child, discipline them."	Love requires responsibility and discipline.

Life Lessons & Reality

Thai	Transliteration	Literal Meaning	Interpretation
ขี่ข้างจับตั๊กแตน	Khìi cháang jàp dták-gà-dtaen	"Riding an elephant to catch a grasshopper."	Using excessive effort for a small reward.
วัวหายล้อมคอก	Wua hâai lóm khôrk	"Losing the cow, then building a fence."	Taking action only after a problem has occurred.
งูกินหาง	Nguu gin hǎang	"The snake eats its own tail."	A never-ending cycle of problems.
น้ำร ัอนปลาเป็น น้ำเย็นปลาดาย	Nám róon bplaa bpen, nám yen bplaa dtaai	"Hot water keeps fish alive; cold water kills them."	Being too soft on someone can lead to their downfall, while challenges can help them thrive.
ปลาใหญ่กินปลาเล็ก	Bplaa yài gin bplaa lék	"Big fish eat little fish.″	The strong dominate the weak.
เสียนัอยเสียยาก เสียมากเสียง่าย	Sĭa nói sĭa yâak, sĭa mâak sĭa ngâai	"Losing a little is hard; losing a lot is easy."	People often hesitate to spend small amounts wisely, but they easily waste large amounts.

Crude but Clever – My personal favorite!

Thai	Transliteration	Literal Meaning	Interpretation
จับขี้ดีกว่าจับตด	Jàp khîi dii gwàa jàp dtòt	"Better to grab shit than to grab a fart."	It's better to deal with a real (even nasty) problem than chase something vague and invisible.

Social Conduct

Thai	Transliteration	Literal Meaning	Interpretation
เดินตามผู้ใหญ่ หมาไม่กัด	Dooen taam phûu yài măa mâi gàt	"Follow the elders, and the dogs won't bite."	Listen to experienced people, and you'll stay out of trouble.
ปิดทองหลังพระ	Bpìt tong lǎng prá	"Gilding the back of the Buddha."	Doing good deeds without seeking recognition.
น้ำพึ่งเรือ เสือพึ่งป่า	Nám pêung ruea, sŭea pêung bpàa	"Water depends on boats, tigers depend on the forest."	Everyone depends on something or someone.

Caution & Wisdom

Thai	Transliteration	Literal Meaning	Interpretation
รู้หน้าไม่รู้ใจ	Rúu nâa mâi rúu jai	"You know a person's face, but not their heart."	You can't judge a person's true intentions just by their appearance.
กันไว้ดีกว่าแก้ แก้ไขดีกว่าเสียใจ	Kan wái dee gwàa gâe, gâe khǎi dee gwàa sĭa jai	"Preventing is better than fixing; fixing is better than regretting."	It's always better to take precautions and fix problems before they become worse.
เข้าตามตรอก ออกดามประตู	Khâo taam tròk òrk taam prà-dtuu	"Enter through the alley, leave through the door."	Follow proper procedures and etiquette in everything you do.
สีซอให้ควายฟัง	Sîi sor hâi khwaai fang	"Playing the violin for a buffalo."	Wasting wisdom on someone who won't appreciate it.

Cunning & Deception

Thai	Transliteration	Literal Meaning	Interpretation
ดีงูให้หลังหัก	Dtii nguu hâi lǎng hàk	"Hit the snake until its back is broken."	If you take action against an enemy, do it thoroughly so they can't strike back.
จับปลาสองมือ	Jàp bplaa săawng mue	"Catching fish with two hands."	Trying to do too many things at once may lead to failure.
ดีนถีบปากกัด	Dtiin thìip bpàak gàt	"Kicking with your feet while biting with your mouth."	Doing everything possible to survive or fight back.
ตำน้ำพริกละลายแ ม่น้ำ	Dtam nám prík là-laai mâe nám	"Pounding chili paste and throwing it into the river."	Wasting time and resources on something useless.

Curated by *Thrive in Thailand* A playful yet practical guide to Thai Wisdom www.ThriveInThailand.com

